

BREAST MILK AND FORMULA RESOURCES

Online resources to locate formula or breast milk during the current shortage.

Visit local food pantries

- › <https://www.feedingamerica.org/find-your-local-foodbank>
- › <https://www.foodpantries.org>
- › <https://foodfinder.us>

Connect with a breast milk donor

- › <https://mothersmilk.org>
- › <https://www.llli.org/breastfeeding-info/milk-donation>
- › <https://www.hmbana.org/find-a-milk-bank>

Contact your local health department

- › <https://www.cdc.gov/publichealthgateway/healthdirectories/healthdepartments.html>

Check the supply at nationwide providers

Please keep in mind that stocking information changes daily.

- › <https://www.amazon.com>
- › <https://www.walmart.com>
- › <https://www.target.com>
- › <https://www.cvs.com>
- › <https://www.walgreens.com>
- › https://www.carewell.com/search/?search_query_adv=formula

Connect with Other Mothers on Social Media

- › <https://www.facebook.com>
- › <https://twitter.com>
- › <https://nextdoor.com>
- › <https://frontporchforum.com>

Information and tips regarding the baby formula shortage

- › <https://www.popsi.com/diy/baby-formula-shortage-solutions>
- › <https://www.today.com/parents/parents/everything-need-know-baby-formula-shortage-rcna15613>
- › <https://www.healthychildren.org/English/tips-tools/ask-the-pediatrician/Pages/Are-there-shortages-of-infant-formula-due-to-COVID-19.aspx>
- › <https://www.nytimes.com/wirecutter/blog/baby-formula-shortage-what-to-do>

Together, all the way.®



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